

AYSIN SINAL

DOÇENT

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Öğrenim Bilgisi

Doktora 2002 2/Şubat/2005	University of Berkley Established Berkley Michigan.(approved by APA.)/Clinical Hypnotherapy. Tez adı: Treating phobias by hypnotherapy methods and comparing with CBT methods. (2005) Tez Danışmanı:(DR Brady and Dennis Golobsky.)
Doktora 2001 15/Mayıs/2004	Farington University/Clinical Psychology Tez adı: DSM-IV& Lacanian Diagnosis: A comparison. (2004) Tez Danışmanı:(Prof Dr Spyros Panos)
Yüksek Lisans 1999 18/Haziran/2001	Buxton University/Clinical Hypnotherapy Tez adı: How to treat chronic pain by hypnotherapy and applying different hypnotherapy technics mainly focusing on open eyes trance. (2001) Tez Danışmanı:(M. Benedict.)
Yüksek Lisans 1999 14/Haziran/2002	MIDDLESEX UNIVERSITY/KLİNİK PSIKANALİZ Tez Danışmanı:(ALAN ROWAN)
Lisans 1993 20/Haziran/1996	Buxton University/Psychology /Parapsychology
Lisans 1989 2/Haziran/1992	Institute of Science technology/Microbiology and Biochemistry Laboratory Sciences.
Lisans 1985 1/Haziran/1988	Open University/HEALTH and DISEASE

Akademik Görevler

DOÇENT 2017-2021	Girne Amerikan Üniversitesi/Beşeri Bilimler Fakültesi/Psychology
DOKTOR ÖĞRETİM ÜYESİ 2013-2021	Girne Amerikan Üniversitesi/Beşeri Bilimler Fakültesi/Psychology
DOKTOR ÖĞRETİM ÜYESİ 2010-2021	Girne Amerikan Üniversitesi/Beşeri Bilimler Fakültesi/Psychology
DOKTOR ÖĞRETİM ÜYESİ 2016-2019	Girne Amerikan Üniversitesi/Beşeri Bilimler Fakültesi/Psychology
DOKTOR ÖĞRETİM ÜYESİ 2013-2015	Girne Amerikan Üniversitesi/Beşeri Bilimler Fakültesi/Psychology
DOKTOR ÖĞRETİM ÜYESİ 2011-2013	Girne Amerikan Üniversitesi/Eğitim Fakültesi/PDR

Yönetilen Tezler: * Yurt İçi/Yurt Dışı Üniversitelerde veya diğer kurumlarda yönetilen tezler

1. Levent Yağmuroğlu, (2016). , Examination of relationship among father absence ,w-emotion regulation skills and anxiety of late adolescents in Turkeu, BEŞERİ BİLİMLER FAKÜLTESİ,, GİRNE AMERİKAN ÜNİVERSİTESİ/BEŞERİ BİLİMLER FAKÜLTESİ, GİRNE AMERİKAN ÜNİVERSİTESİ/BEŞERİ BİLİMLER FAKÜLTESİ/
2. Victoria Mershberekova, (2017). , The prevalance of stress,anxiety and dipression among university students holding term-time employment, ,, Girne Amerikan Üniversitesi/Social and applied sciences/Counselling Psychology
3. Neval Buse Arpacı, (2019). , The effects of social and self stigmatization on young adults toward psychological help seeking attitudes, ,, Girne Amerikan Üniversitesi/Graduate School of Social and Applied Sciences/Counselling Psychology
4. Çağrı Ulusoy, (2016). , Hypnotherapy as a method of cognitive behavioral therapy forv the treatment of post -traumatic stress disorder and individual perceptions for hypnotherapy applications, ,, Girne Amerikan Üniversitesi/Graduate school of Social and applied Sciences/Counselling Psychology
5. Hacer Özen, (2019). , The relationship between agression,narsizm and violence to women in Girne of Turkish Republic of Northern Cyprua, ,, Girne Amerikan Üniversitesi/Graduate School of Social and Applied Sciences/Counselling Psychology
6. Sibel Küçük, (2019). , Relationship between postpartum depression and social support, ,, Girne Amerikan Üniversitesi/Graduate School of Social and Applied Sciences/Counselling Psychology
7. Serhat Durgun, (2019). , Anxiety among first year forein university students in north Cyprus, ,, Girne Amerikan Üniversitesi/Graduate School of Social and Applied Sciences/Counselling Psychology
8. Katar Adalı, (2019). , Enquiry about culture schlock and its effect on international students of Girne American University of Northern ., ,, Girne Amerikan Üniversitesi/Graduate School of Social and Applied Sciences/Counselling Psychology

İdari Görevler

Dekan 2019	Girne Amerikan Üniversitesi/Beşeri bilimler fakültesi/Psikoloji/psikoloji
Dekan Yardımcısı 2017-2019	Girne Amerikan Üniversitesi/Beşeri bilimler fakültesi/Psikoloji/psikoloji
Bölüm Başkanı 2013-2015	Girne Amerikan Üniversitesi/Beşeri bilimler fakültesi/Psikoloji/psikoloji
Bölüm Başkanı 2010-2013	Girne Amerikan Üniversitesi/eğitim fakültesi/PDR/PDR

Bilimsel Kuruluşlara Üyelikler

1. CNHC Complementary and Natural Healthcare Council., Üye , 2011
2. Türk Psikologlar Derneği, Üye , 2009-2011
3. APA Division 039 (Society of Psychoanalysis and Psychoanalytic Psychology), Üye , 2008
4. APA Div. 029 (Society for the Advancement of Psychotherapy) , Üye , 2008
5. APA Div. 017 (Society of Counselling Psychology) , Üye , 2008
6. APA Div. 030 (Society of Psychological Hypnosis), Üye , 2008
7. APA American Psychological Association , Üye , 2008
8. GHR General Hypnotherapy Register, Üye , 2005
9. The American Academy of Experts in Traumatic Stress., Üye , 2005-2007
10. Neuro Linguistic Psychotherapy and Counselling Association , Üye , 2004-2008
11. CMA Complementary medical association, Üye , 2004-2006
12. The National Board of Professional and ethical Standards Hypnosis Education and Certification, Üye , 2004-2006
13. NACHP National Association Counselors Hypnotherapist Psychotherapist UK , Üye , 1999
14. IBMS Institute of Biomedical Sciences , Üye , 1996
15. İST Institute of Science Technology , Üye , 1983-2013

Ödüller

1. FELLOWSHIP, NACHP, İNGİLTERE, 2021
2. Board Certified Expert in Traumatic Stress Diplomate, American Academy of Experts in Traumatic Stress., The American Academy of Experts in Traumatic Stress, AMERİKA BİRLEŞİK DEVLETLERİ, 2004

Dersler *

Öğrenim Dili Ders Saati Dönem

2023-2024

Yüksek Lisans

Sosyal Bilimler Enstitüsü Sağlık Psikolojisi İngilizce 3

Doktora

APSY 706 Interviewing, Technics İngilizce 3

APSY703 Cognitive Behavioral Therapies İngilizce 3

APSY702 Psychopathology and Differential Diagnoses I İngilizce 3

APSY 712 Seminar İngilizce 3

2022-2023

Yüksek Lisans

CPSY557 Cognitive Behavioral Therapy 1 İngilizce 3

CPSY Ptactice Manaement İngilizce 3

CPSY553 Clinical Interviewing, Assessment and Treatment Planning 1 İngilizce 3

CPSY556 Solution-Oriented Therapy 1 İngilizce 3

Doktora

APSY711 Cognitive Behavioral Group Therapies II 1 İngilizce 3

APSY 706 Interviewing, Technics	ngilizce	3
APSY 708 Psychopathology and Differential Diagnosis	ngilizce	3

Eserler

Uluslararası hakemli dergilerde yayımlanan makaleler:

1. Paralik Işın, SINAL AYSIN, Orhan Ibrahim (2025). ADHD Symptoms Predict Second Language Learning Performance Better Than IQ. *Tuijin Jishu/Journal of Propulsion Technology*, 1(2), 4136-4139. (Yayın No: 9458254)
2. ŞAHİNOĞLU BELKIS, SAYGILI NERİMAN, ŞAT MUHTAROĞLU AYŞE, SINAL AYSIN (2024). Implications of media reports of crime for public trust and social support: a conceptual analysis of individuals' psychological wellbeing. *humanities and social sciences communications*, 1, 1-8. (Yayın No: 8927433)
3. Yehia Yasmine, SINAL AYSIN (2023). Abused Children: Psychotherapist from behind the Screen: The Case Study of Incest in the Arab Sector in Israel. *Tuijin Jishu/Journal of Propulsion Technology* (Yayın No: 8668402)
4. Qassom Bama, SINAL AYSIN (2023). How do Students of Educational Counseling Perceive the Role of Guidance and Counseling in Enhancing their Motivation and Engagement at School?. *Tuijin Jishu/Journal of Propulsion Technology*, 522-530. (Yayın No: 8668450)
5. SINAL AYSIN (2023). Patient-Centered and Analyst-Centered Interpretations: Technical Implications of 'Containment' and 'Countertransference' . *American Journal of Humanities and Social Science (AJHSS)*, 36(2), 1-17. (Yayın No: 8393839)
6. SINAL AYSIN, ERGÜNEŞ PINAR (2023). How Shift Work Effect Aircraft Maintenance Technician's Psychology. *American Journal of Humanities and Social Science (AJHSS)*, 22, 10-25. (Yayın No: 8392591)
7. SINAL AYSIN (2023). DSM- 1V and Lacaian diagnosis. Comparison. *American Journal of Humanities and Social Science (AJHSS)*, 34(3), 1-9. (Yayın No: 8393833)
8. SINAL AYSIN, SAİD Sahibzada Muhammad Said (2021). Frequency of Depression and Anxiety in Male and Female Epileptic Patients: Pakistan. *International Journal of Humanities and Social Science*, 11(8), 43-48., Doi: 10.30845/ijhss.v11n8p6 (Yayın No: 8393826)
9. SINAL AYSIN (2020). How Psychoanalytic Process's Work: Considering the Relation between Traditional Theory and Contemporary Scientific Theory and Techniques. *Mediterranean Journal of Social Sciences*, 11(5), 1-8., Doi: 10.36941/mjss-2020-0049 (Yayın No: 8393819)
10. SINAL AYSIN, AKALIN TURGAY (2020). Psychological Symptoms in Young Adults with Tension Type Headaches. *American International Journal of Social Science*, 9(1), 35-40., Doi: 10.30845/aijss.v9n1p6 (Yayın No: 8392585)
11. AKALIN TURGAY, SINAL AYSIN (2020). Psychological Symptoms in Young Adult Migraineurs. *Mediterranean Journal of Social Scien*, 11(1), 42-48. (Yayın No: 8392564)
12. SINAL AYSIN, AKALIN TURGAY (2019). Psychological Symptoms in Young Adults with Migraine and Tension type Headaches. Volume 6, issue 6 IJRES . *International Journal of Innovation and Research in Educational Sciences*, 6(6) (Yayın No: 8392521)
13. SINAL AYSIN (2016). The miracle role of Imagery in Hypnotherapeutic and Psychotherapeutic Practice.. *International journal of innovation and Research in Educational Science*, 1-9. (Yayın No: 7038892)
14. SINAL AYSIN (2015). Anxiety and Phobias; An examination of the Cognitive/Cognitive Behavioral Approaches. ISSN 2039-9340 (print)Mediterranean Journal of Social Sciences www.richtmann (print)Mediterranean Journal of Social Sciences www.richtmann (Yayın No: 8392488)

B. Uluslararası bilimsel toplantılarda sunulan ve bildiri kitaplarında (proceedings) basılan bildiriler :

1. SINAL AYSIN (2013). Learn how to coup with stress and anger management.. *International congress on Clinical and Counselling Psychology 2013 Istanbul Turkey (Tam Metin Bildiri/Sözlü Sunum)* (Yayın No: 7038770)